



AFFILIATE NEWS

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IN THE NEWS

- [10News Leadership Award](#)
- [10News Video](#)
- [Laguna Woods Seminar](#)
- [PT Wings-Kathy Potter](#)

LOCAL TRAINING

- [Training Academy](#)
TIP Fresno-Kaiser Hospital
November 13-22
- [Training Academy](#)
TIP SW Riverside County
Rancho Spring Medical
Center, Murrieta, CA
October 15-25
Call Gina at 951.678.4509
- [Training Academy](#)
TIP Southern Nevada
Oct 16-25
- [Training Academy](#)
Orange County-OCFA
July 31-August 12
- [Training Academy](#)
TIP NW Florida-
Pensacola
July 24-August 2

TIP POLL

Of the following leadership characteristics, which is the MOST IMPORTANT for a TIP leader to possess?

- Honesty/Ethical
- Tough/"No Nonsense"
- Visionary
- Enthusiastic
- Humble
- Organized
- Excellent speaker

Vote

Results will appear next issue

FROM THE FOUNDER



My View

I recently traveled to Washington DC to attend the "Dare To Transform" Conference sponsored by the Center For Mental Health Services. The conference brought together those with an interest in trauma from across the country. I attended the conference to present TIP in a workshop and to learn what I could learn. I'm pleased to report that TIP was very well received and in fact a number of people at the conference had heard of us before. One of the things about the conference that jumped out at me is that the attendees were about 90% women.

One of the speakers commented on this and observed that the women's movement has been a great influence in bringing the subject of trauma to the forefront particularly in the areas of sexual assault and domestic violence. There were also many consumers (formerly called patients) of mental health services there. There is a major movement in mental health programs to involve consumers in the planning of services and in providing treatment (peer support).

Although I learned quite a bit, I realized that much of what was presented as "cutting edge" is what we have been already doing for a long time. It was also gratifying to hear that our Volunteer Training Academy embodies many of the latest findings from the field of research on trauma.

Here are 5 major messages from the conference I would like to share with you:

1. Most "mental illnesses" can and should be viewed as a result of past traumas and not in terms of "illness."
2. *The focus* of treatment of those with mental illness should be on resolving past traumas and not on symptom reduction.
3. Human beings have a tremendous capacity to "self heal." Most victims of traumatic events around the world will never see a therapist (or TIP Volunteer, for that matter) but they will nevertheless heal. Helpers should be careful not to interfere with this self-healing process.
4. Treatment of trauma survivors should be based on the principles of Connectivity and Empowerment. These are fancy words for conveying that if we want to help trauma survivors, we need to connect with them and help them get back their power.
5. The focus of treatment of trauma survivors should be on their strengths, recognizing that the traumatic event is just one part of the entire landscape of a survivor's life.



One of the workshops I attended was called eCPR or Emotional CPR. A psychiatrist was rolling out this "cutting edge" way of helping those who have been traumatized. It turned out to be a very rudimentary version of our well-developed Emotional First Aid model. I came away determined that at the next conference, I would roll out "the real thing."

I wish all of you could have been at the conference. You would have come away grateful for what you learned and proud of being part of the TIP organization which is on the forefront of the trauma movement.

MEET TIP OF PORTLAND/VANCOUVER'S NEW CRISIS TEAM MANAGER

Effective July 1, 2008, Sharon Lamvik became the new Crisis Team Manager of the TIP of Portland/Vancouver Affiliate. Sharon is no newcomer to TIP. She graduated as a volunteer from the TIP Training Academy over 15 years ago. She was a very active volunteer and a team dispatcher. Sharon also became a national trainer and traveled to many TIP Affiliates conducting TIP Training Academies.



Due to job responsibilities, she moved from the Portland area and resigned from TIP. However, in 2008 she went back through the TIP Training Academy and began responding to TIP Calls and writing grants for the Affiliate. When the Crisis Team Manager position became available, Sharon

decided to retire from the corporate world and take a job as a non-profit manager. Executive Director June Vining is thrilled to have Sharon onboard. "Sharon comes to us with a lot of business experience, volunteer management and enthusiasm," said Vining.

Sharon is filling a position previously held by Dawn Pongon. Dawn has taken the position as Special Projects Coordinator with the Portland/Vancouver Affiliate. You can welcome Sharon to the TIP Leadership ranks at sharonlamvik@yahoo.com

JAYAN LANDRY ATTENDS TRAUMA CONFERENCE

Jayan Landry MS, APRN, Executive Director of TIP of Merrimack Valley, Ma. recently attended a 5 day trauma conference with Bessel Van Der Kolk, MD, an internationally known trauma expert. A focus of the conference was how the brain functions after a traumatic event. Research shows that after a traumatic event, the body goes into a "fight or flight" mode thereby taking the practical brain "off line." According to Landry, the research presented at the conference reaffirms the importance of having a TIP Volunteer with trauma victims immediately following the trauma. *"TIP Volunteers can help a victim do many of the things he cannot do because the part of the brain that helps us take care of practical matters is temporarily out of commission,"* said Landry. *"TIP Volunteers can, for example, be very helpful by helping the victim gather social support, by helping the victim remember to take medicine and to eat, and by providing information."* she added.

Overall, Landry reported coming away from the conference confident that TIP's training and approach to trauma victims is consistent with the latest research and believing more than ever that TIP plays a very important role in the communities we serve.

TIP QUIZ RESULTS

Lou Binninger is,

- Posing For the Men In TIP Calendar
- Relaxing after TIP Training Academy
- Posing with a dog he rescued

ANSWER: Relaxing after TIP Training

TIP POLL RESULTS

The commitment we ask TIP Volunteers is,

Total Responses = 30

- Commitment is Too Much = 1
- Commitment is Just Right = 23
- Commitment is Not Enough = 6

TIP QUIZ



What is Wayne Fortin, TIP Founder, doing?

- Trying to recruit 2 women at a party to be TIP Volunteers
- Attending the premier of the movie "Wayne's Angels?"
- Attending a TIP Dinner

Results will appear in next issue

UPCOMING NATIONAL EVENTS

4th Annual Heroes With Heart Awards Dinner
Pechanga Resort and Casino
September 27, 2008 at 6:00 pm - West Ballroom
For information, contact Gina Magee at 951.678.4509
TIP SW Riverside County

Salute to On-Scene Heroes Dinner
TIP Fresno, CA. October 17, 2008

Emotional First Aid Training
October 23-26
Homer, Alaska

TIPNational Annual Meeting
Orange County, CA. November 6-8

Heroes with Heart Awards Dinner
Hilton Costa Mesa, November 7
For information, visit [Heroes with Heart](#)
[TIP Orange County](#)

QUOTABLES

"What is unique about your program is your folks always seem to have answers that we can't provide." Police Officer

"Every time I have utilized the TIP service, it has helped me beyond belief. All of the volunteers are extremely courteous and professional. Thank you!" Police Officer

ON THE PERSONAL SIDE



Alaskan Fishing

TIP Founder "gets a life!"

RESOURCES

- [HOPE Grants](#) from the Office for Victims of Crimes at the Department of Justice. Most TIP Affiliates qualify to apply.
- Book Recommendation: "Healing Invisible Wounds" by Richard Mollica, MD...a must read for those interested in how Trauma Victims heal.
- National organization for sudden unexplained death in children older than 12 months of age. This site offers support services, information, advocacy and research information. www.sudc.org
- Website for [families of coma victims](#)



[Click image for a Big Smile](#)

In the News (pdf): [10News, San Diego Leadership Award](#) and [OC Register, Laguna Woods Citizen Helper Seminar](#)

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For information about Trauma Intervention Programs, Inc., [visit our website](#) or contact Wayne Fortin at TIPIncCEO@aol.com.

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